

# Cataract Express » Utah

## COLORADO RIVER 2 DAY TRIP

Embark on an unforgettable Colorado River rafting adventure just south of the eclectic town of Moab, Utah. High-speed, custom rafts now allow you to journey through the Colorado River's legendary 100-mile Cataract Canyon in just 2 days—perfect for those with busy schedules yearning for a quick, but refreshing dose of adventure. From surreal scenery to thrilling whitewater, Cataract Canyon is rated as one of the best rafting trips in America. Travel through the heart of Canyonlands National Park on the Colorado River, where postcard-perfect vistas will dazzle you around every bend in the river. Step back in time as you explore ancient Native American habitations and learn of their cultures. Discover the thrill of nearly 30 world-class Colorado River whitewater rapids. Once you reach Lake Powell, you'll return to Moab, Utah on a spectacular scenic flight over Canyonlands National Park (included). Join us for 2 spectacular days in the great outdoors and reconnect with your sense of adventure. ✨

### Itinerary & Travel Information

**DAY ONE »** After a short morning drive from Moab, Utah you'll launch your raft onto a calm section of the Colorado River. Within minutes, unmatched geologic wonders will tower all around you providing a complete and welcome escape from the world you left behind. You'll encounter Native American ruins and writings and hike to awe-inspiring vistas atop plateaus. Around mid-day you'll savor a scrumptious buffet lunch at the river's edge. As the canyon deepens to over 2,000 feet, you'll experience the exhilaration of nearly 30 whitewater rapids including Capsize, the Big Drops, the Mile Longs, Little Niagara, Satan's Gut and Repeat. After a full day of unforgettable memories, you'll find the perfect riverside respite as we camp along the Colorado River. Enjoy a delicious sunset dinner, perhaps relax beside a crackling campfire, and star gaze as you're lulled to sleep by the rhythmic sounds of the river.

**DAY TWO »** As you awake to the smell of freshly prepared breakfast, you'll lie in your comfortable cot and marvel as the morning sun paints its warmth across the surrounding canyon walls. After breakfast, you'll set off for one more day of Colorado River rafting adventure. Depending on your camp location, you may experience more thrilling whitewater and you'll definitely have some final time to relax as you float amidst the shadows of striking red rock spires. After reaching Lake Powell, you'll climb aboard a Cessna 5-7 seat aircraft and experience a spectacular 1-hour scenic return flight over Canyonlands National Park and back to Moab, Utah (arriving approximately 3:00 PM). Return flight and shuttle is included in your trip. If you don't choose the scenic flight, you may have your car shuttled to the ending point of your trip where you may continue elsewhere or return to Moab on your own (3.5 hr drive).

Note: This itinerary is provided as a sample. Daily activities and sights will vary based on weather conditions and guide preferences.



#### DEPARTS FROM MOAB, UTAH

A UNIQUE TOWN SURROUNDED BY NATIONAL PARKS, MOAB OFFERS GREAT OPPORTUNITY FOR ADDITIONAL ADVENTURE, SHOPPING, DINING AND RELAXING.





## Pre-Trip Travel Information

Beginning in the quaint town of Moab, Utah this trip offers plenty of opportunity for additional activities, shopping, dining and relaxing. Schedule a few days before or after your trip to explore downtown Moab, Arches National Park, Canyonlands National Park, and participate in some unforgettable Moab adventures such as an off-road Hummer Safari or canyoneering. We highly recommend adding a Sunset Hummer Safari to your itinerary. You'll ride over incredible sandstone fins out to a beautiful sunset overlook that will take your breath away. At any time before departure, Western can add to your itinerary additional activities, lodging, airport shuttle, and jeep rental. Simply give us a call and we'll arrange everything for you.

### WHERE AND WHEN TO MEET

Meet the night prior to your trip for a pre-departure orientation at 8:00 PM. Orientation will take place at Western River Expeditions' Moab Adventure Center, located in the center of town at 225 S Main Street, Moab, Utah 84532 (phone: 435-259-7019). The first day of your trip, you'll need to check out of your accommodations, eat a good breakfast and meet for 6:30 AM departure at the Moab Adventure Center.

### WHERE TO STAY

Moab offers plenty of hotel choices in town as well as condominiums and guest homes. Some of the closest hotels include Gonzo Inn, Big Horn Lodge and Best Western Canyonlands. You'll want to reserve at least one night of lodging before your trip.

### HOW TO GET TO MOAB

If you're flying, the following options are generally the most common:  
» Fly directly to Moab, Utah (CNY) and get a shuttle into town or rent a Jeep  
» Fly to Grand Junction, Colorado (GJT) and rent a car (1.5 hour drive)  
» Fly to Salt Lake City, Utah (SLC) and rent a car (4 hour drive)

## Post-Trip Travel

You will likely want to reserve at least one night of lodging on the final day of your trip as you'll return to Moab around 3:00 PM. If you will be traveling on but wish to shower before leaving Moab, we can direct you to several locations in town that offer shower facilities.

**For optional 2-hour to full-day excursions in Moab, Utah before or after your trip plus helpful Moab area information, visit [www.moabadventurecenter.com](http://www.moabadventurecenter.com).**

## QUICK FACTS

### Cataract Canyon:

2 days  
100 miles  
Minimum age: 12 years old

### Begins and Ends:

Moab, Utah

### Travel Time from Nearest Major City:

Salt Lake City, UT (4 hr drive)  
Denver, CO (6 hr drive/1 hr flight)  
Las Vegas, NV (8 hr drive)

### Departure Dates:

May 7, 14, 21, 26, 28, 31  
June 2, 4, 7, 9, 11, 14, 16, 18, 21, 23,  
25, 28, 30 July 2

### Trip Rates:

Adults & Youth:..... \$695 + tax

### Not Included:

3% Access Fee  
Med/Evac Insurance: \$15







### Transportation Options (end of trip):

Canyonlands return flight  
& airport transfer: (included)  
Vehicle shuttle service: \$120 per vehicle

### Deposits:

\$200 per person deposit required upon reservation. Full balance due 90 days prior to departure.

## RATE INCLUDES

-  **RAFTING** » Class III-V whitewater combined with calm stretches
-  **HIKING** » Short walks to longer hikes over moderate terrain (all optional)
-  **CAMPING** » Cots, tents, sleeping bags, camp chairs & water-resistant bag
-  **MEALS** » All meals are prepared for you between departure & return
-  **TRANSFERS** » Transportation by bus from Moab, Utah to the river.
-  **SCENIC FLIGHT** » Return flight over Canyonlands NP and airport transfer to Moab.

## Western River Trips vs. Other Vacations

The setting and pace of a Western River rafting trip gives you something you don't find in other vacations. On a rafting trip, you'll find the absolute escape from the hectic world around us - completely free of distractions. You'll eliminate the constant decisions about where to go, what to do, and where to eat each day of your vacation. On a rafting trip, you'll experience the pinnacle of relaxation as you drift over tranquil pools of water under the shadows of towering rock formations, the exhilaration and thrill of rolling waves and crashing whitewater, the exploration of seldom-seen natural wonders and Native American history, the peaceful moments of reflection as you gaze up at the star-studded sky, and the fresh feeling of renewal as the morning sun slowly filters through winding canyons. All this provides an indescribable sense of belonging. A sense of oneness with yourself and those around you. A sense of adventure, reflection and renewal. A time to hear your own heart beat. On a Western River Expedition you will quickly discover why so many are calling this "the best vacation of their lives."

## A Typical Day on the River

After meeting your guides you will be given a trip orientation that will include how and where you can sit on the rafts, how to hold on, and safety precautions while on the river.

A typical day will include rafting for a few hours at a time, stopping for scenic side-canyon hikes, bathroom breaks, lunch and possible swimming opportunities. Visiting with new-found friends and learning river lore and geology from our well-trained guides adds to the enjoyment of each day.

After a full day of learning and fun we arrive in camp. Guests will find their favorite campsite and then return to the rafts for the famous "fire line" - the way we load and unload rafts. Your help in passing the gear off the boat is greatly appreciated; however, if you have physical restrictions or limitations that would prohibit you from participating you are not required to help.

In camp, the guides will give a demonstration on how to easily assemble the cots and tents and will be available to help you if you need additional assistance. Western River provides cots, tents, sleeping bags, sheets, camp chairs and water-proof gear bags for all guests. You'll have no need to worry about bringing any of your own camping equipment.

While you relax at the river's edge, your guides will prepare a delicious steak dinner complete with sautéed mushrooms and onions plus delicious side dishes and dessert. At night, whether you choose to sleep in your tent or under the vast canopy of stars, the fresh night air and the rhythm of the river will lull you to sleep.

In the morning, your guides will prepare a delicious breakfast. You'll have a chance to enjoy eating before returning to your campsite to take down your tent and cot and pack up your belongings in your dry bag. After bringing your bag down to the boats, guests participate in the fire line once again and you are off on another fun-filled day of adventure.



*"This trip was definitely a highlight of our holiday! We met great people in our group and the guides were committed, enthusiastic and professional. The river was sometimes wild and sometimes gentle. Sleeping under the stars was a wonderful experience! Flying back to Moab with the small plane was the perfect end to a perfect rafting/camping experience!"*

VERENA, Brussels, Belgium

*"I had a great time on this trip! I would recommend this trip to anyone. The guides were unbelievable, they made the trip even better. Their knowledge of the river and the canyons were second to none. I expected to have a good time on the trip, and my expectations were met tenfold."*

TIM, El Dorado, Kansas



*"I still haven't come down from this trip! It was amazing, beautiful, adventurous, fun, exciting & spiritual all at the same time. Having never camped a day in my adult life, I did things I never thought possible. From setting up tents to sleeping under the stars to washing in the river - it was incredible. I am so thankful we had the chance to experience the river."*

**FLORENCE PURCELL**, *New York*

## Camping With Western River Expeditions

Whether you're a veteran camper or experiencing sleeping in the outdoors for the first time, Western makes camping simple. All you need to worry about is packing your personal items in a soft-sided duffel bag. We'll supply the rest:

- » **Comfortable cots** make sleeping and relaxing on the river easy.
- » **Roomy tents** are always available and easy to set up. You may be like many of our river guests who prefer to sleep under the vast canopy of stars. If you haven't ever experienced camping in the desert you'll be surprised at how dry and comfortable everything stays when sleeping under the stars.
- » Freshly laundered **sleeping bags** and sheets provide warmth on cool evenings.
- » **Water-resistant bags** protect your personal belongings from exposure to sand and water.
- » A **personal day-use bag** keeps important items handy during the day.
- » **Camp chairs** offer comfortable seating while in camp.
- » A sturdy vinyl **ground cloth** keeps your gear and camping areas clean. (not shown above)

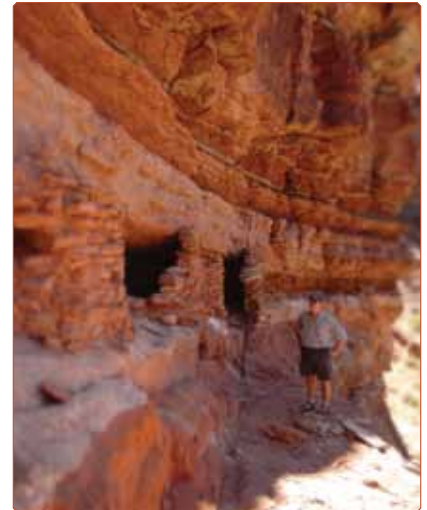
### TOILET FACILITIES

Western uses a portable toilet and hand wash system that is set up each day in camp in a secluded location that assures privacy. The toilet is available from the time we pull into camp until we leave the following day. An orientation concerning everything from rapid safety to bathrooms will be given at the beginning of your trip.

## Western's Snout Rig

Western's Snout Rig is a custom craft offering the most comfortable and secure ride on the river for express trips through Cataract Canyon. If you're a thrill seeker, you can sit up front where the waves hit hardest, or ride aft for more protection. There are plenty of calm sections along the river where you can move more freely about the boat and trade seating positions throughout the trip.

- A** Padded seating atop storage boxes
- B** Ice water and lemonade coolers
- C** Extra motor and spare parts
- D** First aid supplies and satellite phone
- E** Storage area for guest luggage and trip equipment
- F** Direct injection outboard motor provides some of the lowest emission technology available
- G** Rugged, compartmented neoprene rubber tubes have 8 separate air chambers per boat for added security



*"Erik, Anthony, and Reese were awesome guides. This was such an adventure! The scenery and the rapids were amazing. My family will never forget it. Especially 13-yr old Krystal! We can't wait to see some photos. And we'll surely be back again."*

**LEE**, Salt Lake City, Utah

## General Information

### PHYSICAL REQUIREMENTS FOR RAFTING TRIPS

Our primary concern is participant safety. The nature of an outdoor adventure involves some physical exertion and also possible exposure to weather conditions that can fluctuate greatly due to heat, sun, wind, or rain. Although we do have experience accommodating persons with a wide range of physical challenges, disabilities, or medical and health conditions, we have found that in some people the fact of age, weight, lack of conditioning, heart or other disease, can create additional hardship that diminishes the suitability or enjoyment of this type of vacation. Please consider these conditions in making your choice of river adventures. Please check with your physician prior to your trip if you have any medical or health condition or if you are taking any medications, and then notify us of how we can better help you with these conditions. In general, participants will need to meet the following physical requirements:

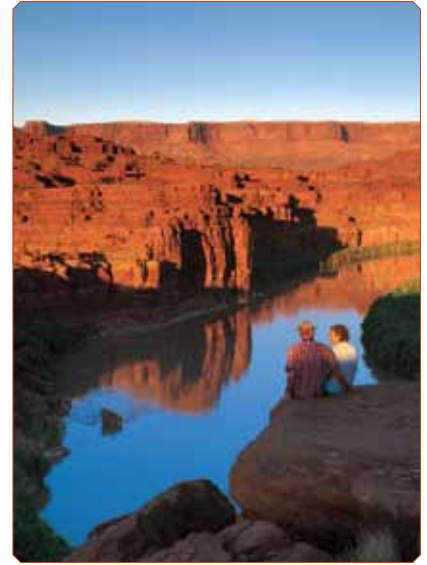
- » Fit into a Type 5 Life Jacket (maximum chest size 52" required by the National Park Service)
- » Ability to securely grip handholds while running the rapids
- » Enough agility to climb on and off the rafts
- » Ability to navigate uneven terrain on hikes and in camp
- » Carry your own dry bag which will include your 20-pound duffel bag along with the sleeping bag and ground cover we provide

Our principle objective is for you and your fellow guests to have an enjoyable and fulfilling experience. If you are concerned about any of these requirements, please call our friendly staff to further discuss which trip is right for you. Our Acknowledgement of Risk Form will more fully describe some of the inherent risks involved in these activities. We look forward to having you join us on the adventure of a lifetime.

### PAYMENT & CANCELLATION POLICIES

Payment in full is due 90 days prior to trip departure and may be paid by check or credit card. With your prior approval, we can automatically charge the balance due to your credit card 90 days prior to departure. We reserve the right to cancel your reservation if full payment is not collected by the due date.

If you must cancel any reservation, the information regarding the cancellation must be received in writing. The cancellation fee will follow the formula in the box below. Our cancellation policy applies in every instance and there will be no exceptions for any reason. Western River Expeditions will not issue any refund for arriving late or leaving a trip early. Western is not responsible for any expenses incurred due to travel delays, flight cancellations, or illness. **If you are concerned about the possibility of having to cancel, we strongly suggest you purchase trip cancellation insurance to protect your vacation investment.** Western River Expeditions assumes no financial responsibility for personal injury, emergency evacuation, or equipment lost or damaged in any way. You will find a link to purchase cancellation insurance on Western's website at [www.westernriver.com/insurance](http://www.westernriver.com/insurance).



*"This was an incredible trip for our family. We have not stopped talking about how much fun we had and how great the people were that we met. As great as everything was, truly the guides were the key to making this trip so fantastic. They were all absolutely amazing; they were not only expert rafters, but great cooks, funny, outgoing, kind, etc., etc. We all miss them. We have so many wonderful memories. This trip was a true gift. We will treasure it for the rest of our lives. Thank you for a family vacation of a lifetime."*

JEAN CORTES, Connecticut

#### CANCELLATION FEES:

Number of Days Prior to Departure	Cancellation Fee Per Person
91+ Days	\$100 fee
61 – 90 Days	Deposit Amount
0 – 60 Days	No Refund

## Packing List & Travel Tips



### DUFFLE BAG

All of your personal items should be packed into a soft-sided duffle bag approximately 12" x 13" x 24" in size. Due to aircraft weight allowances and raft space, **please limit your gear to 20 pounds**. This 20-pound maximum weight limit does not include beverages (see note below regarding beverages).



### DAY BAG

Upon arrival to the river's edge, you will be provided a water-resistant day bag (approximately 6" x 12"). In this day bag, you will want to put those items you wish to access during the day (raingear, camera, medications, sun block, lip balm, river guidebook, etc). We recommend packing these items in a small sack or bag inside your duffle for easy transfer to your day bag at the launch site.



### GEAR BAG

Also upon arrival at the launch site of your trip, you will receive a water-resistant gear bag. This bag will contain your sleeping bag, sheet and ground tarp. You will put your duffle bag inside this bag, roll the top down and clip it securely to avoid getting your personal gear wet. Your personal gear bag will be available in camp each night of your trip.

### CLOTHING ITEMS

- Two-piece rain suit
- 1 swimsuit (2-piece swimsuit and quick-drying shorts recommended for women)
- 1 quick-drying shirt
- 1 pair comfortable shorts and underwear for camp
- 1 pair socks for use in case of sunburn or foot injury
- 1 pair quick-drying pants (optional - for sun protection)
- Lightweight fleece top
- Sturdy water sandals or water shoes. Based on the type and condition of your footwear, you may want to consider a backup pair of sandals or shoes in case of any damage.
- Comfortable footwear for camp (some guests prefer to change out of wet sandals or shoes into flip flops or other light weight shoes)
- Hat for sun protection with string or hat clip
- Gloves for protection while gripping holds on the boat (optional)

*Note: Water clarity can vary from moderately silty to very silty. As a result, clothing may become discolored. Please pack accordingly*

### PERSONAL ITEMS

- Personal hygiene products
- Plenty of sunscreen
- Sunscreen lip balm
- After-sun moisturizing lotion
- Biodegradable soap and shampoo in small bottles
- Sport water bottle with clip or carabiner
- Small towel and wash cloth
- Toothbrush and toothpaste
- Small pack of tissues
- Small headlamp or flashlight with extra batteries
- Insect repellent (small container)
- Sunglasses with safety strap
- Camera - waterproof digital camera with extra batteries and memory cards recommended (Note: online post-trip photo sharing will be available for those with digital images. You will be given access information via email. Please ensure we have your accurate email address on file.)
- Small travel pillow
- Medication if needed (cool storage is available)
- Major credit card and photo ID in case of evacuation
- Cash for gratuities (Your guides will make every effort to see that your trip is enjoyable and successful. Gratuities for guides are appropriate, greatly appreciated and at your discretion, as a gesture of thanks for their professionalism and service. A suggested guideline is 10 percent of the trip cost. The common practice is to give the gratuity to the trip leader on the last night. It will later be divided equally with the rest of the crew.)

*TIP: redrockoutfitters.com offers great discounted packages containing most of these personal items as well as all of the clothing items on this list*

### OPTIONAL PERSONAL ITEMS

- 1 small carabiner for clipping day use bag to ropes
- Disposable moist towelettes
- Mile-by-Mile River Guide Book (purchase through redrockoutfitters.com)

GET THE ESSENTIALS FOR YOUR TRIP AT  
**redrockoutfitters.com**

## Items provided by Western River Expeditions

- » Transportation from Moab, Utah to the river
- » Professional, licensed guides
- » All meals between trip departure and return
- » All eating utensils and souvenir cup
- » Unlimited water and lemonade
- » Freshly laundered sleeping bag and sheet
- » Cot (28" x 74")
- » Tent and ground cover
- » Water-resistant dry bag for sleeping gear and personal duffle bag
- » Water-resistant day-use dry bag (6" diameter x 12") for personal items
- » Custom rafts
- » US Coastguard approved whitewater life jackets
- » Wilderness First-Aid kit
- » Sanitary Facilities

**BEVERAGES** » Water and lemonade are available in unlimited quantities on the boats and in camp. Coffee and hot chocolate are available every morning. Western does not provide beer, liquor, or soda pop. If you wish to bring your own alcoholic beverages and soda pop you may do so in moderate amounts. Please avoid glass containers. Plastic bottles and aluminum cans work well.

**VALUABLES** » You will want to have photo ID, a major credit card, and some cash for gratuities. All other valuables and jewelry should be left at home or in a safety deposit box at your hotel. In addition, as a safety precaution we suggest that you not wear rings on the river. Also, each year a few of our guests traveling on airlines arrive without luggage. With this in mind, we suggest you carry with you medications, prescription glasses, and anything you may not be able to replace the evening before your trip departs.

**EXTRA LUGGAGE** » Transfer all your personal clothing and gear which you will need on your rafting trip to a small, lightweight duffle bag. Identify duffle bag with label, and leave any extra suitcases or luggage in your vehicle or at your hotel (many hotels offer complimentary luggage storage for Western River Expeditions' guests). Please **DO NOT BRING SUITCASES** on your river trip. As part of your camping equipment package, we provide a water-resistant bag in which you will place your duffle bag as well as the sleeping bag that we provide.

**WEATHER** » We always hope for good weather but you should be prepared for the possibility of cooler weather and storms. This is applicable to all trips throughout the season. The following chart shows averages for the months of March through October. Temperatures and precipitation will vary. A rain storm or a cool front can happen anytime. You can find current weather forecasts at [www.westernriver.com](http://www.westernriver.com) (select your trip and click the weather link). Water temperatures range from 60-75° in the spring and summer.

**TEMPERATURES AND PRECIPITATION - MOAB, UTAH:**

	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT
Mean Max. Temperature	64	76	84	98	100	99	86	77
Mean Min. Temperature	33	39	49	58	62	61	50	40
Precipitation (inches)	0.9	1.2	1.1	0.1	1.2	0.8	0.8	1.6



**Get the Essentials for Your Trip at [redrockoutfitters.com](http://redrockoutfitters.com)**

Through several decades of experience on the river, Western knows what clothing and gear will keep you smiling every second of your adventure. For your convenience, you can find all these items online with Western's retail division, Red Rock Outfitters. Visit [www.redrockoutfitters.com](http://www.redrockoutfitters.com)

**OTHER QUESTIONS** » If you have additional questions, our friendly staff is available Monday - Friday from 7:00 AM to 6:00 PM Mountain Time. Also, visit us online at [westernriver.com](http://westernriver.com) for more information. Be sure to see our "FAQS & POLICIES" section online under each trip.

*We want to make sure that the vacation package you select is truly the adventure of a lifetime. Rest assured, we will make every possible effort to ensure your comfort and safety while traveling with us. We have a fifty-year history of satisfied guests, and we are excited to have you join their ranks.*